




# Food, Clothing, Medical, and Shelter Resources

Recursos para comida y ropa, recursos medicos y de albergue.

 Food  
Comida

 Medical  
Medico

 Shelter  
Refugio

 Clothing  
Ropa

## Arbor Youth Services

  
540 W. Third Street  
(859) 254-2501  
*Drop-In Services*  
*18-24 years old*  
*Meal, shower, laundry, toiletries*  
*Referrals and other services*  
*Mon – Fri 12PM-4PM*

## Bridge Church Clothes

  
**Pantry**  
(859) 246-0070  
May visit once per month


## Catholic Action Center

  
  
1055 Industry Road  
(859) 514-7210  
*Showers, phone, restrooms, mailing address, gathering space, 8am-7pm*


## Calvary Baptist Church

  
150 E. High St.  
(859) 254-3419  
*Showers available*  
*Mon – Fri 6am-8am*

## Consolidated Baptist Church

  
1625 Russell Cave Rd  
(859) 299-8559

## Church Under the Bridge


  
The Mission House  
203 E. Fourth St.  
*(April-October)*

Broadway Christian Church  
187 N. Broadway  
*(November – March)*  
(859) 533-0380


## East Second Street

**Christian Street**   
146 Constitution St.  
(859) 254-0675


## Faith Pharmacy

  
230 S. Martin Luther King Blvd.  
Call Mission Lex  
(859) 272-0219  
Pick-up: Sat. 9am-12pm  
*Must have referral and no medical insurance to qualify. Offers short-term assistance (3 visit maximum) for long term illness. No narcotics or antibiotics offered.*


## 1st Presbyterian Ch.

  
171 Market St.  
(859) 252-1919

## Grace Baptist Church



  
811 Bryan Ave.  
(859) 252-1119

## Heritage House Mission


  
155 N. Ashland Ave.  
(859) 312-3873  
*Non-perishable food and clothing once a month for those who don't qualify for*

*God's Pantry.*  
*(Bring photo I.D.)*  
*Mon, Wed, Fri, 10am-1pm*

## Hope Center

  
  
360 W. Loudon Ave  
(859) 252-7881  
Emergency shelter:  
18+ men only  
*Also offer detox, recovery, health clinic, & housing*


## E7 Kid's Café

  
530 N. Martin Luther King Blvd.  
(859) 252-0294  
Summer hours: 12pm-4pm  
School year hours: 3pm-5:30pm  
Dinner Ages 4-17 at 5pm  
*(Children under 4 may attend dinner with only parent or guardian)*

## Lexington Rescue Mission

  
  
  
444 Glen Arvin Ave.  
(859) 381-9600  
*Lunch: Tues., Wed., Thurs., and Sat. from 12 to 1 p.m.*  
*Walk-in hours: Tues., Wed., and Thurs. 1 to 3 p.m.*  
*Health Clinic: Tues. 6-8 pm*  
*Transitional housing for men at The Potter's House*


## Lighthouse Ministries

  
185 Elm Tree Ln.  
(at Corral St.)


For further meal times and clothing bank hours, please see the back of the guide.

(859) 259-3434  
Dining with Dignity:  
Tues, Thurs, & Sun. at 6:00pm


## Mission Lexington

  
230 S. Martin Luther King Blvd.  
Medical: (859) 272-0219  
Dental: (859) 519-8157  
Free Medical, Mental Health, and Dental Clinic Services by appt.

## Maxwell Street

**Presbyterian Church**   
180 E. Maxwell St.  
(859) 255-1074




## Nathaniel Mission

  
1109 Versailles Rd. Bldg 400  
(859) 255-0062  
Diabetic care and eye care available by appt. only.  
Must not have medical insurance.

## Main Street Baptist Church

  
  
582 W. Main St.  
(859) 252-3838

## Salvation Army


  
  
  
736 W. Main St.  
(859) 252-7706  
*Medical: First come, first-serve basis with The University of KY Free*

*Clinic through Salvation Army.*  
*Tues. & Thurs. 4:30pm-9pm & specific Saturdays 8am*  
*Shelter: Emergency housing for families and single women.*  
*Food Bank: Mon-Fri.: 9am-11am*


## St. Paul Catholic Church

  
501 W. Short St.  
(859) 252-0738

## Volunteers of America

**(at The Plantory)**   
501 W. 6<sup>th</sup> St. Suite 250  
(859) 254-3469, ext. 234  
*Transitional housing for homeless families.*  
*Permanent housing for homeless with disabilities.*  
*Drug treatment for homeless veterans at VA hospital.*

## St. James Place Apts

  
169 Deweese St.  
(859) 252-6642  
*Offers affordable efficiency units with all utilities paid for single adults with a six-month lease.*

## Bluegrass Comprehensive Care Center

201 Mechanic St.  
(859) 977-6080

# Other Services

Otros Servicios

*Counseling services, Methadone Clinic, and substance abuse recovery*

## Catholic Charities

1310 W. Main St.  
(859) 253-1993  
*Clinical and pregnancy counseling, adoption program, financial assistance, and toiletries.*  
*Mon.-Fri.: 8.30am-4.30pm*

## Greenhouse 17

24 hour Crisis Line  
(800) 544-2022  
*Nurturing lives harmed by intimate partner abuse.*

## New Life Day Center

224 N. Martin Luther King Blvd.  
(859) 252-3012  
*Mon.-Fri. 8.30am-3pm*  
*Out of the weather/off the street, lockers, and central connecting point to other homeless services.*

## The Nest Center for Women, Children, and Families

530 N. Limestone St.  
(859) 259-1974  
*Counseling, daycare (up to age 5) parenting classes, crisis case management, domestic violence assistance, free toiletries and baby supplies*

**Schedule of free meals (addresses and phone numbers are listed inside).  
Dan comidas gratis (los direcciones y numeros de telefono estan dentro).**

**Monday**

9:00am-10:00am Catholic Action Center  
12:00pm Catholic Action Center  
12:00-12:30pm St. Paul Catholic Church  
3.30-5:00pm Grace Baptist Church  
4:30pm-6:00pm Main Street Baptist Church (4<sup>th</sup> Monday of month)  
5:00pm-6:00pm Hope Center  
5:30pm-7:30pm Catholic Action Center

**Tuesday**

7:00am-2:00pm Hope Mobile Woodland Christian  
9:00am-10:00am Catholic Action Center  
10:30am-12:00pm Main Street Baptist Church  
12:00pm-1:00pm Lexington Rescue Mission  
5:00pm-6:00pm Hope Center  
5:30pm-7:30pm Catholic Action Center

**Wednesday**

9:00am-10:00am Catholic Action Center  
9:00am-3:30pm  
12:00pm Catholic Action Center  
12:00-12:30pm St. Paul Catholic Church  
12:00pm-1:00pm Lexington Rescue Mission  
5:00pm-6:00pm Hope Center  
5:30pm-7:30pm Catholic Action Center

**Thursday**

9:00am-10:00am Catholic Action Center  
12:00pm Catholic Action Center  
12:00-12:30pm St. Paul Catholic Church  
12:00pm-1:00pm Lexington Rescue Mission  
5:00pm-6:00pm Hope Center  
5:30pm-7:30pm Catholic Action Center

**Friday**

9:00am-10:00am Catholic Action Center  
12:00pm Catholic Action Center  
12:00-12:30pm St. Paul Catholic Church  
5:00pm-6:00pm Hope Center  
5:30pm-7:30pm Catholic Action Center

**Saturday**

9:00am-10:00am Catholic Action Center  
11.30am-1:00pm First Presbyterian Church (Last Saturday of the month)  
12:00pm Catholic Action Center  
12:00pm-1:00pm Lexington Rescue Mission  
5:00pm-6:00pm Hope Center  
5:30pm-7:30pm Catholic Action Center

**Sunday**

9:00am-10:00am Catholic Action Center  
9:30am-10:00am Rupp Arena Parking Lot (Maxwell & Broadway)  
12:00pm Catholic Action Center  
3:00pm-5:30pm Church Under the Bridge  
5:00pm-6:00pm Hope Center  
5:30pm-7:30pm Catholic Action Center

**Clothing Bank Hours – Centro de ropa gratuita.**

<b>Bridge Church Clothes Pantry</b>	<b>5:30pm – 7:30pm</b>	<b>Wednesday</b>
<b>Grace Baptist Church</b>	<b>11:00am-2:00pm</b>	<b>Tuesday</b>
<b>Heritage House Mission</b>	<b>10:00am-1:00pm</b>	<b>Monday, Wednesday, Friday</b>
<b>Lexington Rescue Mission (Goodwill vouchers)</b>	<b>1:00pm-3:00pm</b>	<b>Tuesday-Thursday</b>
<b>Main Street Baptist Church Clothing Bank</b>	<b>11:00am-12:00pm</b>	<b>Friday</b>
<b>Salvation Army</b>	<b>9:00am-11:45am</b>	<b>Monday-Friday</b>

**Community Resource Guide**

*(Last updated June 2017)*



**Questions?**

**Call United Way 2-1-1**

