

Former clients



"It takes true life change to be successful at recovery. You have to replace drugs and alcohol with Bible study and worship. The only way to fully recover is through Jesus Christ, our Lord."

— Adam



"The mission has helped me see that life is not all about me. I've learned how to serve people and put their needs ahead of mine, and I've found true joy in that."

— Tim

Lexington Rescue Mission
444 Glen Arvin Avenue
P.O. Box 1050
Lexington, KY 40588



Life Renewal Program



Reaching Hearts
Changing Lives



“Reaching Hearts...Changing Lives”



The Life Renewal Program is a one-year residential recovery program that helps men struggling with substance abuse or other life-controlling problems. This Christ-centered discipleship program includes:

- Bible studies
- Chapel services
- Spiritual mentoring
- Vocational training
- Individualized counseling
- Marriage and family counseling
- Community service projects
- Local church involvement
- Supportive and transitional housing

“For I know the plans I have for you,” declares the LORD, “plans to prosper you and not to harm you, plans to give you hope and a future.”

Jeremiah 29:11

The Four Phases

Gateway

During the Gateway phase, residents learn about the root causes of their destructive patterns through Christ-centered recovery classes, and they are taught how a personal relationship with God through Jesus Christ is the way to freedom in all areas of their lives.

Genesis

The Genesis phase gives residents more personal freedom, including the ability to work full-time. Residents continue to build on the foundational elements learned in the Gateway phase and begin working with mentors who help disciple them in their walk with Christ.

Freedom

In Freedom phase, residents continue to use and develop the spiritual and practical tools learned in the introductory phases of the program. They are given more freedom, and they begin planning their transition into independent living. During this phase, residents are also expected to commit to a local church, where they can serve and grow in their faith.

Exodus

During Exodus phase, residents move to our transitional home, where they continue to work on their recovery in a safe, drug and alcohol-free environment. They are expected to maintain employment and begin taking steps toward transitioning back into independent living.

How to Apply

Applications are available online at www.lexingtonrescue.org/liferenewal.html or by calling the mission at (859) 381-9600. Once an application has been received, John Ferguson, the program director, will contact the applicant to conduct an interview and determine program eligibility.



Get Involved

Mentoring

Mentors walk alongside residents throughout their stay in the Life Renewal Program. They serve as friends and guides, helping them navigate the often challenging road to recovery. The mentoring program relies on mature, Christian men who desire to invest in the lives of these men and who commit to spending at least an hour a week meeting one-on-one with a resident. All mentors undergo a stringent application process and attend training sessions at the mission. For more information, contact Laura Connell by phone at (859) 381-9600 or by e-mail at laura@lexingtonrescue.org.